

# Chiropractic: The Natural Solution

Most people prefer to live life without taking extra medications to get through the day. But when pain strikes, many still seek a quick solution from a pill bottle.

## HOWEVER...

In addition to potential side effects ranging from kidney failure to drug addictions, research shows that *chemicals* are not always the best choice for common *mechanical* problems.<sup>(1-8)</sup>



## FORTUNATELY...

There's a safer and more effective **Natural Solution** – More than one hundred studies have shown that chiropractic manipulation or *manual therapy* helps resolve the most common spine and joint pains.<sup>(8-128)</sup> And patients who choose chiropractic care have a significantly lower risk of drug use and the associated potential side effects.<sup>(129-135)</sup>

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**“...64% lower odds of receiving an opioid prescription.”**

*Pain Medicine*<sup>(129)</sup>

**“...decreased odds of short-term and long-term opioid use.”**

*British Medical Journal*<sup>(130)</sup>

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**“...reduced odds of receiving a benzodiazepine prescription.”**

*British Medical Journal*<sup>(131)</sup>

**...42 times lower risk of an adverse drug event.**

*Spine Journal*<sup>(132)</sup>

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SO...

Next time your body tells you something's wrong, choose the right **Natural Solution** first.

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References

